



Dr B. SRINIVAS (PT)

M.P.T, F.S.R, M.I.A.P

Physiotherapist

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PROFESSIONAL EDUCATION

MPT in Orthopaedics

- Narayana College of Physiotherapy, Nellore, AP
- Year 2016

Fellowship in Sports Rehabilitation

- Medvarsity and Apollo Hospitals Educational & Research Foundation
- Year 2014, with First Class

Bachelor's in Physiotherapy

- Venkata Padmavathi College of Physiotherapy
- Year 2010, with First Class

Programme on implementation of NABH Standards in Hospitals

- National Accreditation Board for Hospitals & Healthcare providers

PROJECT WORK

- PG project "A Comparative study between Accelerated Rehabilitation Versus Conventional Rehabilitation after ACL Reconstruction."
- UG project "Effectiveness of Active Cycle of Breathing Technique in Moderate Chronic Bronchitis Patients."

INTRODUCTION

Compassionate and reliable physiotherapist looking for an exciting opportunity where my physiotherapy skills can be used to enhance the quality of patient care. I have more than 7 years of experience in Apollo Hospitals, India

I hold an MPT in Orthopaedics and did my internship in Apollo Health City in the following departments – Neurosciences, Intensive Care, OPD, Surgical, Orthopaedics and Rehabilitation

SKILLS SUMMARY

Electrotherapy

- Electrotherapy modalities
- Interferential therapy
- Ultrasound therapy
- Short wave diathermy
- Hydrotherapy
- Shock wave therapy
- Cryotherapy
- Laser therapy
- Electrical nerve & muscle stimulator
- TENS
- CPM

Exercise therapy

- Joint mobilisations
- Soft tissue manipulation
- NDT - Neuro developmental therapy
- Geriatric Rehabilitation

Domiciliary Care:

- Presently treating number of patients with good communication skills at their home with great care and warmth since last years to till date Expert in giving TLC (Tender Loving Care)
- Compassionate and careful physiotherapist who gives the highest priority to the patient's welfare and comfort
- Confident public speaker, I have handled 60 people at a time (Health Talks)

ACHIEVEMENTS, AWARDS AND ACCREDITATIONS

- Gave Health talks, classes for multiple MNC's and conducted ergonomic classes for Thermal Power plant employees.
- Two appreciation certificates and Best HOD award for my work.
- Contributed many magazines articles on topics related to wellness.
- Worked in Apollo Hospitals, Hyderabad which is JCI accredited.
- Familiar with NABH and JCI standards.

WORK EXPERIENCE

Apollo Hospitals, India

25th July 2014 – present

- Senior Physiotherapist and HOD, Apollo Speciality Hospitals, Nellore



1st October 2011 - 24th July 2014

- Physiotherapist, Apollo Hospitals, Hyderguda, Hyderabad (NABH recognised)



COMPUTER SKILLS

- Hospital Information System (HIS) Software
- Windows, MS- Office

LANGUAGE SKILLS

- English, Hindi, Telugu

ACADEMICS

Higher Secondary (12th Standard)

- Year 2005
- Shri Chaitanya College, Tirupati, AP

CBSE (10th Standard)

- Year 2003
- Little Angels High School, Tirupati, AP

PERSONAL ATTRIBUTES

- I am an excellent communicator, with a friendly personality
- I am very comfortable interacting with and helping patients
- Self-confident and motivated to take up challenging assignments
- Capable team player to work with people at all levels with strong interpersonal and communication skills

PASSPORT & VISA DETAILS

- I hold a valid Indian passport
- Expiry Date: 19-09-2020

PERSONAL DETAILS

- Marital Status: Married
- Religion: Hindu
- Gender: Male
- Date of Birth: 04-07-1988

July 2010 to Jan 2011

- Internship, **JCI accredited**
Apollo Health City, Jubilee hills, Hyderabad



Departments Attended during Internship

- Neurosciences (30days) - Neurology, Neurosurgery
- Intensive Care (30days) - Medical, Surgical, Neurology , Paediatric & Cardio-Thoracic
- OPD (30days) - General OPD – Medical, Surgical OPD – Surgical
- Surgical (30days) - General Surgery, Burns, Plastic Surgery & Oncology
- Orthopaedics (30days)
- Rehabilitation (30days) - Neuro Rehabilitation

My responsibilities

- Help patients with physical difficulties resulting from illness, injury, disability or ageing to improve their movement
- Supervise student & junior physiotherapists and physiotherapy support workers
- Devise & review treatment programmes using manual therapy (such as mobilisations and soft tissue manipulations), therapeutic exercise, electrotherapy and hydrotherapy.
- Promote health and wellbeing and provide advice on how to avoid injury and self-manage long-term conditions.
- Handle all patients including physically disabled children, neonates, women before and after giving birth, athletes, industrial employees, elderly, stroke patients and people with sports injuries.
- Work with patients who have a range of conditions, including neurological, neuromusculoskeletal, cardiovascular and respiratory, sometimes over a period of weeks,
- Develop and review treatment programmes that encourage exercise and movement by the use of a range of techniques,
- Involve patients and carers in the treatment, review and rehabilitation of patients,
- Educate patients & carers on prevention and improve conditions,
- Write patient case notes and reports and collect statistics,
- Liaise with other healthcare professionals, such as GPs, occupational therapists & social workers, to exchange information about background and progress of patients, and refer patients who require other medical attention,
- Keep up to date with new techniques & technologies
- Be legally responsible and accountable,
- Manage clinical risk

DECLARATION

- I hereby declare the above given information is correct & complete to the best of my knowledge & belief.

Dr. B Srinivas (PT)